Children's Centre's designated childcare providers:

Langley Mill Childcare Bailey Brook Drive Langley Mill Notts NG16 4FS

Contact 01773 767982

Loscoe Pre-school Church View Heanor Derbys DE75 7RT

Contact: 01773 718588

Useful Contacts

| Amber Valley Borough Council | 01773 570222 |
|---|----------------|
| Amber Valley CVS | 01773 512076 |
| Childline | 0800 1111 |
| Citizens Advice Bureau | 0844 375 2712 |
| Domestic Violence Helpline | 0808 200 0247 |
| Family Lives | 0808 800 2222 |
| Futures Housing Group | 0300 456531 |
| HomeStart Amber Valley | 01773 857033 |
| JCP Benefit Enquiries | 0345 608 8545 |
| JCP New Claims to Benefit | 0800 055 6688 |
| NSPCC Child Protection | 0808 800 5000 |
| Adult Education Centre | 01773 832201 |
| Samaritans | 08457 90 90 90 |
| Sexual Abuse & Incest Line | 01246 559889 |
| SV2 (Supporting victims of sexual violence) | 01773 746115 |
| Speech and Language | 01773 713149 |
| Police (non emergency) | 101 |
| NHS 111 | 111 |
| Tax Credits | 0345 300 3900 |

Victim Support 01246 260299
JSA Claims www.gov.uk
Universal Jobmatch www.gov.uk

Please refer to the Derbyshire County Council website for information on childcare (including searching for childcare providers in your area) and applying for a school place for a child: http://www.derbyshire.gov.uk

Child protection service

If you believe that a child is in danger, ring Call Derbyshire tel: 01629 533190 at any time, choosing the option for urgent child protection calls or contact the police by ringing their call centre number 101 (24 hours).

Term Dates:

- ~ Monday 5th September to Tuesday 20th December
- ~ Half term: Monday 24th to Friday 28th October

Details on all our activities are available at the centres or on-line at www.derbyshire.gov.uk You can also find us on Facebook



Heanor & Langley Mill

Roper Avenue, Heanor, Derbyshire, DE75 7BZ
Tel: 01773 530892 Heanorcc@derbyshire.gov.uk
Bailey Brook Drive, Langley Mill, NG16 4FS
Tel: 01773 767982 Langleymillcc@derbyshire.gov.uk







Free activities at your Children's Centre 5th September to 21st October 2016

We need you!

Volunteering Opportunities available in the Children's Centres through a variety of roles providing skills, experience and training in working with families. Contact your centre if you would be interested in taking part.

The Parents Forum is an opportunity for Parents/Carers to have a say and help shape the services offered by your Children's Centre. Help us to meet the needs of local families...you really do have a voice! Contact your centre if you would be interested in taking part.





Family support

Nursery education

We make every effort to ensure that the information in this guide is correct. However, occasionally, changes are unavoidable and we apologise for this





Groups taking p

Child Health Clinic Drop-in

A play session for children and an opportunity for you to speak to a member of the health visiting and/or children's centre team for advice and support and to get your baby weighed.

🖁 Little Learners

Lots of enjoyable activities aimed at children who are aged between 18 months and 2 $\frac{1}{2}$ years old.

Children will come along to the sessions with their parents, for a period of around 12 weeks (some may need more or fewer weeks,

depending on their level of development)

Priority will be given to children who are or maybe eligible for the 2 year old nursery funding and children with a particular developmental or other need.

Places are very limited and need to be booked.

Parents will then be contacted by a member of the team to talk about your child's suitability for the group. If places are full, names will be taken and placed on a waiting list.

To check if your child is eligible for the 2 year funding, please call the Childcare Improvement Service on 01629 539319

| Creative Critters and Come & Play

Drop-in play sessions for children aged 0-5 years. Activities include singing, dancing, crafts and messy play. Run by our centre volunteers and Parent's Forum members

Under 1's

Group for babies with activities specially planned to encourage and support development. An opportunity to meet other parents and receive advice on a range of subject areas.

Parent's Forum meetings take place at Heanor Children's Centre. Call the centre for details - 01773 530892

DAAS (Derbyshire Alcohol & Advice Service)

Free, confidential support, advice, information and counselling to anyone over the age of 18 who is experiencing problems related to alcohol. This could be your own problem, that of a friend or relative or someone else you know. We are a team of specialist, non-medical alcohol workers offering a service throughout Derbyshire and we can offer appointments at the Children's Centre. If you would like more information or to make a referral, contact your Children's Centre Worker or contact The Hub on 0845 308 4010

Support to Stop Smoking

Clinics available every Thursday morning at Heanor Children's Centre. Phone 0800 085 2299 for information or to make an appointment

Interested in Adult Learning Courses?

Let adult education service help you to get well qualified or discover new hobbies or interest. Many courses are local and free. Call the Children's Centre or the Brochure and Information line on 08465 058 058 or online www.derbyshire.gov.uk/adulteducation

Volunteering Opportunities

Available in the Children's Centres through a variety of roles providing skills, experience and training in working with families. Ask a member of staff for information.



Some of the services Children's Centres and Multi Agency Teams can offer your family:

- Emotional support for parents and carers
- Help to develop routines in families homes
- Parenting support and guidance
- Budgeting advice, support to access benefits or debt advice
- Support to find social, training or learning opportunities for adults and children
- Assistance in form filling
- Links to and support in accessing other services
- Support tailored to meet individual needs...

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Healthy Start Vitamins

Vouchers

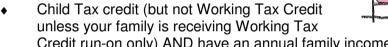
If you receive Healthy Start vouchers you can exchange them for vitamins from the Children's Centre.

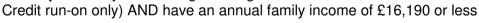
You can join healthy start at any time, even if you have already had your baby.

Applying for Healthy Start is easy—ask a Children's Centre Worker for a form

You qualify for Healthy Start if you are at least 10 weeks pregnant or have a child under 4 years old and you or your family are getting any one of the following:

- Income support or
- ♦ Income based Job Seekers Allowance or
- Income related employment and support allowance or





You also qualify if you are under 18 and pregnant, even if you don't get any of the above benefits or tax credits.

Buying

You can now also buy vitamins for you and your child from the centre: Vitamin drops for your child - £1.40 Vitamin tablets for you - £0.91

Childcare

FREE 15 hours Childcare Funding for 2 Year Olds

Your 2 year old may be eligible for funding for nursery education, subject to certain criteria. For more information and to find out if your child is eligible, contact the Childcare Improvement Service on 01629 539319.

Looking for Childcare?

Thinking about going back to work but need childcare, not sure which sort of childcare is best for you or want to know more about the free entitlement for 2, 3 and 4 year olds? Contact Call Derbyshire on 08456 058 058 or 01629 533190

Not sure about early learning or childcare choices?

You can speak to the Families Information Service on 01629 535793 or email info.fis@derbyshire.gov.uk

lace in your centre.

Language & Communication

Speech and Language Champions/ELLP's

Skilled staff based at both centres can show you how to support your little one's speech and language development. Please contact the centres for further information.

For information about Speech and Language, you can:

- contact your local speech and language therapy team,
- contact the speech and language advice line on 0115 9512428

B.E.A.R.S Group

Breastfeeding Experience, Assistance and Reassuring Support

.B.E.A.R.S are local Mums who have breastfed and been trained to offer you free support and information. How can we help?

Confidential phone support accessed by ringing our helpline

Call now to speak to a BEARS volunteer in confidence – 07776 495900

Citizens Advice Bureau

Appointments are available at both Heanor and Langley Mill Children's Centres .To book an appointment, please call: 0844 375 2712, Line open Monday—Friday, 9.30am—4pm.

Toy Library

Borrow from a wide range of toys/games for your children for only 30p per toy per fortnight and £1.00 for life long membership.

Call in and browse the catalogue anytime.

Do you have a child with a disability or special need?

: Sensory Play Room and Corner

A special area available for families of children who would benefit from sensory stimulation using lights, sounds, smell and touch. Please call the centres to book



Langley Mill

TUESDAY

Child Health Clinic (Drop In) 9.30-11.00a.m. Please note: the last baby weigh will be at 10.50a.m.

BEARS

1.00-2.30p.m. 5th September— 25th October

Breastfeeding. Experience.

Assistance and





B.E.A.R.S Come & Play

1.30-3.00p.m.

A drop-in play session for children aged 0-5 years. Run by centre volunteers.

Term time only **Starts 13th September**

> All activities take place in the Children's Centres. unless otherwise stated.

Parents are responsible for their children at all times unless in a crèche, but we do want parents to tell us if they need extra support when attending activities; if you have more than one child for example - we're here to help!

WEDNESDAY

Citizens Advice Bureau

Appointments are available at both Heanor and Langlev Mill Children's Centres .To book an appointment, please call: 0844 375 2712. Line open Monday—Friday. 9.30am—4pm.

THURSDAY

Under 1's

9.30-11.00a.m.

Starts 15th September

Group for babies with lots of toys to encourage and support development.

Run by centre volunteers

MONDAY

Childminder's Group

9.30-11.00a.m. Play, support and information session for children and their childminder's

Come and Plav— **NEW DAY & TIME**

1.15-2.45p.m.

A drop-in play session for children aged 0-5 years. Run by our centre volunteers.

Call the centre to book a place:

01773 767982

Term time only Starts 12th September



TUESDAY

Little Learners

NEW DAY & TIME Tuesdays 1.00-2.30p.m.

Sessions take place at Langley Mill Children's Centre and is open to families in Heanor and Langley Mill

Suitable for children aged 18 months to 2 ½ years old, aimed at preparing children for starting nursery / pre-school. See page 1 for more details. Starts 13th September. Term time only.

Heanor & Langley Mill Parents Forum Meeting Dates:

All meetings are held 9:30-11:30a.m.—All Welcome Friday 16th September at Heanor Children's Centre Monday 17th October at Langley Mill Children's Centre Friday 11th November at Heanor Children's Centre Monday 5th December at Langley Mill Children's Centre

Please note these dates/times are subject to change please call the centre to check in advance

WEDNESDAY

Creative Critters

9.30-11.00a.m. A drop-in crafts and play session



Run by our Parent's Forum.

Term time only.

Starts 14th September

THURSDAY

Child Health Clinic (Drop In)

1.30-3.00p.m Please note: the last baby weigh will be at 2.50p.m.

Citizens Advice Bureau

Appointments are available at both Heanor and Langley Mill Children's Centres .To book an appointment, please call: 0844 375 2712, Line open Monday—Friday, 9.30am—4pm.

